

Make Every Moment Matter

A newsletter for supporters and friends of Jessica's House Hospice

"Jessica's House was a wonderful place for our Mother to spend her remaining time - she felt safe and comfortable and at home."

-Anonymous



"Vernon loved to feel the warmth of the sun on his face – it was possible only thanks to you!"

When Vernon was ready for hospice care, Shirley assumed he would stay at the Hospital. However, the physicians at South Huron Hospital encouraged her to consider Jessica's House Hospice.

After touring Jessica's House Hospice, Shirley realized that her family, lifelong friends and neighbours could easily visit, and that JHH volunteers and staff would host his end-of-life celebration. Shirley could focus on friends, family and Vernon and not worry about the dishes. Shirley was also pleased to

hear that hospice care comes at no cost to the family.

One unique feature that Vernon and Shirley appreciated about JHH was that the beds could roll out the patio doors into the sun. Shirley and family members are pictured here on a recent visit with Vernon. At JHH, the patient rooms can easily accommodate many visitors. JHH also has a comfortable dining room and sitting area for visits with family and friends when your loved one is resting in their room. **Tours of JHH can be arranged anytime. Please call 519-94235-0941 and speak to Sami Reymer**

Save the Date!
Sunday
November 17, 2024



Watch for our October
Newsletter for more
details

Get Your Tickets Now



For tickets and information, visit www.jessicahousehospice.ca

“It was so wonderful to be able to share a piece of Mom’s last apple pie with Dad during his last days”

Daughter Terry

Our Mother, Ramona, was thrilled to have been in Jessica’ House Hospice during her final days two years ago – she told us she felt so comfortable and appreciated the loving care she received.

Therefore, when our Dad, Remi, was facing the end of his terminal illness, there was no question about where he wanted to be as well. Spending those last weeks with him at Jessica’s House was very special. I recall one day he looked wistfully out the window and said that if he had one last wish, it would be to have one more bite of Ramona’s famous apple pie.



Mom’s apple pie was second to none in our large family – always in demand for special occasions. Imagine my surprise when a few days later I was at Dad’s house, cleaning out the chest freezer in the basement and found, at the very bottom and triple-wrapped to preserve freshness, one last apple pie that Mom must have made before she went into Jessica’s House!

With a huge smile on my face, I baked the pie and headed right over to Jessica’s House. I’m sure Dad thought he was dreaming when he caught a whiff of that all-too-familiar freshly baked pie smell as I walked through the door to his room – and with great joy, we each had a piece while he spoke about how he had missed Mom’s baking.

Because of you, my family was able to make every moment matter at Jessica’s House – thank you!!!

End of Life Planning – Be Prepared

(There's more to it than just writing a will!)

End-of-life planning usually requires help from many professionals. You need legal, financial, and healthcare plans. You also need to appoint Power of Attorney for property and personal care. Often, these issues are represented in your Will.

The Canadian Hospice Palliative Care Association recommends you also consider making an **Advance Care Plan**. Think of this plan as representing your values, wishes, and beliefs. In addition, it would help you make your plans for your end-of-life care and treatment.



After all, life can change at any moment. The more your loved ones understand your values, goals, and wishes, the more they can provide the care you want. The earlier you have these conversations, the less anxious you will be if you have a health care crisis.

There are five easy steps to this process:

- **Think** about your wishes, values, beliefs, and end-of-life care
- **Learn** about different medical procedures and what they can and can't do
- **Decide** who will be your substitute decision maker. They need to be willing and able to speak for you if you can't speak for yourself
- **Talk** about your wishes with your substitute decision maker, loved ones and doctor
- **Record** your wishes by writing it down or making a recording of your wishes

How to start thinking

What do you want to happen at the end of your life? Have you thought about what you might want?

Do you know where you want to die? At home, in the hospital or Jessica's House Hospice? This will impact your loved ones in different ways. If you decide to pass away at a hospice, then your loved ones can focus on being your family rather than having to also provide your care. This can make for a more peaceful end for you.



Do you want a funeral, a celebration of life, nothing at all, or something completely different? Talking about this with your family will ensure that your plans do not surprise your family and loved ones; they can plan for your wishes.

Do you want a burial or cremation? Do you want a gravestone marker or have your ashes scattered? Once again, you want to share this with your family in advance so they can be prepared to follow your wishes.

In future newsletters, Jessica's House Hospice will outline more tools to support you in your end-of-life journey.

Stay Connected!



@jessicashousehospice



@jessicashousehospice



@jessicashousehospice

Support Jessica’s House Hospice

YES, I want to support Jessica’s House Hospice

Name: _____

Address: _____

City: _____

Postal Code: _____

Phone: _____

Email: _____

Donate online at jessicashousehospice.ca
Or mail to 70776 London Road., Exeter, Ontario, N0M 1S1

Registered Charity No.
766 285 480 RR0001

*Tax receipts will be issued for all donations.



Jessica's House Hospice
70776 London Road
Exeter, Ontario
N0M 1S1

Amount:

\$50 \$75 \$100 \$200

Other: _____

I would like to make my gift by:

Cheque
(payable to Jessica’s House Hospice)

Visa MasterCard

One-time Donation

Monthly Donation

Card # _____

Expiry Date: _____

CVV: _____

I would like to be an anonymous donor

This gift is in memory of:
